

To Start

Garlic King Prawns served with crusty bread <i>GFO</i>	£10
Halloumi Fries with a sweet chilli dip <i>V</i>	£8
Panko Squid Rings with garlic mayo	£8.75
Deep Fried Whitebait with tartar sauce	£8.50
Nachos tortilla chips with melted cheese, vegan chilli & sour cream <i>V</i>	£8.50
Garlic Mushroom Bruschetta , mushrooms in a creamy garlic sauce <i>V</i>	£8.50
Salt & Chilli Chicken Wings with salad garnish and a BBQ sauce	£8.75
Chicken Liver Pâté served with warm toast & salad garnish	£8.50

Mains

Steak & Chips	£27
10oz sirloin served with homemade chips, onion rings, mushrooms, tomato & peas <i>Add Homemade Steak Sauces: Peppercorn, or Blue Stilton, for £3.50</i> <i>Add 3 garlic King Prawns for £5</i>	
The Legendary 16 oz Gammon & Eggs	£22
Served with homemade chips, onion rings, mushrooms, tomato & peas	
Lamb Rump <i>GFO</i>	£26
With Pembrokeshire potatoes, spicy red cabbage, fresh vegetables and a port & rosemary gravy	
Old Man's Chicken	£22
Chicken breast stuffed with onions, bacon & mushrooms wrapped in puff pastry, served with a wholegrain mustard sauce, tender stem broccoli & homemade chips or Pembrokeshire potatoes	
Slow Roast Belly Pork <i>GF</i>	£22
With Pembrokeshire potatoes, spicy red cabbage, fresh vegetables & plum gravy	
Sea Bass Fillets	£23
Two fillets served with salsa verde, OR lemon & dill butter; Pembrokeshire potatoes & tender stem broccoli <i>GFO</i>	
Tenby Harbwr Beer Battered Hake & Homemade Chips	£17
Served with mushy or garden peas & tartar sauce	
Scampi & Homemade Chips	£16.50
Served with garden peas & tartar sauce	
Seafood Basket & Homemade Chips	£17.50
Calamari rings, salt & pepper squid, cod bites & prawns served with sweet chilli & tartar dips	

Homemade Beef or Vegetable Lasagne	£16.50
With salad & garlic bread or chips	
Steak, Mushroom & Ale Pie	£16.50
With homemade chips, gravy & seasonal vegetables	
Chicken Tikka Masala	£16.50
Garnished with natural yogurt & fresh coriander & served with a poppodom, rice, chips or 1/2 & 1/2 <i>GF</i>	
Chicken & Bacon Pasta	£18
Served in a creamy sauce with garlic bread	
Caesar Salad	£15
Chicken breast, salad leaves, Parmesan cheese, croutons & Caesar dressing <i>GFO</i>	
Stilton & Bacon Salad	£17
Warm crispy bacon, chunks of stilton on a fresh mixed salad <i>GF</i>	
The Carew Inn Burger	£17
6oz Welsh beef burger, or succulent cajun chicken breast, topped with cheese, salad & pulled pork <i>GFO</i>	
Mexican Wave Burger	£15
Made of pea protein, vegetables, fruit juices, herbs & spices. <i>VE GFO</i> <i>Add vegan cheese £1</i>	
The Halloumi Burger griddled halloumi & salad <i>V GFO</i>	£16
<i>All burgers served with caramelised onions, homemade chips & coleslaw</i>	
Three Bean Chilli <i>VE GF</i>	£16
With rice, homemade chips or 1/2 & 1/2	
Penang Curry <i>VE GF</i>	£16
Aromatic gluten free coconut sauce, with cauliflower, green beans, mangetout & peppers. Served with a poppodom, rice, chips or 1/2 & 1/2	
Beetroot Wellington <i>VE</i>	£17
Beetroot, onion and soya mince in herbs & spices, wrapped in puff pastry Served with fresh vegetables and either Pembrokeshire potatoes or homemade chips	

Sides			
Homemade Chips	£4.00	Garlic Bread	£4.95
Coleslaw	£3.00	Cheesy Garlic Bread	£5.95
Cheesy Chips	£5.95	Onion Rings	£4.50
		Side Salad	£3.50

V Vegetarian *VE* Vegan *GF* Gluten Free *GFO* Gluten Free Option

Rooms

Why not stay the night in historic Carew with it's magnificent castle and mill pond ?

Stay in one of our character grade 2 listed B&B rooms adjacent to the Inn, or if you're a family we also have a 2 bedroom self catering holiday cottage available.

Enjoy a freshly cooked breakfast, using locally sourced produce where possible and use Carew as your base to explore the beauty and attractions that Pembrokeshire holds.



Evening Menu



winstorbynorth.com 2025 Mar



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